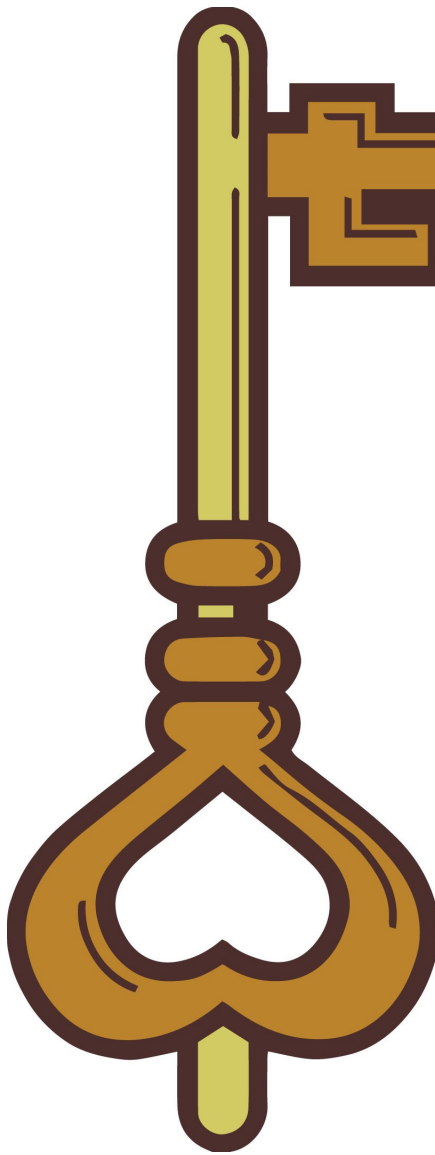


SAINT PAUL'S UMC



OCTOBER
2026

Welcome. Share. Serve.



WHAT DO YOU *Treasure?*

I have a financial planner who is part of an investment group that provides regular workshops on topics like wills, Social Security benefits, charitable giving, planning for a child's college education, and more. I attend some of these. I appreciate how they help me learn about things I might otherwise be inclined to put off until retirement.

Each fall Saint Paul's UMC does a stewardship campaign to help you consider your church giving. I pray you use it to also consider your overall finances and take care of any financial matters you may be putting off.

This year we will be providing you with a tentative budget during the stewardship campaign so you see the needs and ministry of the church. I hope this helps your prayerful consideration of what to give in time, money and talent. Your unique talents and generosity allow us to strive to be *"A welcoming community, sharing Christ's love in service through relationships."* This is our vision as Saint Paul's UMC.

During October, we will be asking you to hand in a card during worship that tells us your favorite scripture and why it's important to your faith, giving, and daily living. We will use the scripture you provide as the basis for the November stewardship campaign. One way we love God is by reading, loving and living out the scriptural commands for fasting, praying, forgiving, and caring for neighbors.

One of my favorite scriptures is Mathew 6:21: *"For where your treasure is, there your heart will be also."* It is a reminder that where we put our attention and resources forms who we are and how we love God, self and neighbor.

Thank you for sharing your favorite scriptures and thank you for all the ways you give!

Peace,
Pastor Josh

A welcoming community
sharing Christ's love in
service through relationships.

700 Wesley Lane/Mendota Heights MN/55118
Phone: 651-452-5683 Email: info@stpaulsmn.org
Website: www.stpaulsmn.org

Join us for worship
on Sundays! 10:00 am



CHRISTIANS GATHERING
TOGETHER

Upcoming Events

OCTOBER 4

WORLD COMMUNION SUNDAY

On World Communion Sunday, United Methodists, in conjunction with other denominations and believers worldwide, participate in communion to recognize our unity in Jesus Christ, our Lord and Savior. It supports scholarships for ethnic students who will be the first generation in their families to attend college—and for people of color who haven't historically had access to resources that make higher education possible.

Fifty percent of the offering provides scholarships for graduate students from the U.S. and other countries. Thirty-five percent supports racial and ethnic scholarships for students pursuing ordained ministry. Fifteen percent funds Ethnic-In-Service Training Grant for leadership development, recruitment, training, and retention of ethnic United Methodist persons in leadership positions.

Special offering envelopes will be available in pews along with a QR code you may scan to give electronically, or you may just write "World Communion" in the memo section of your check and place it in the offering plates.

OCTOBER 4

NEW MEMBER SUNDAY

We will welcome Rhonda Reams to the Saint Paul's United Methodist Church family!

NOVEMBER 1

ALL SAINTS' SUNDAY

**We light candles to honor the impact
loved ones lives have had on us.**

We will commemorate All Saints' Day on Sunday, November 1st.

During this meaningful service, all will be invited to light a candle in memory of family members, relatives and friends who have gone on to be with the Lord since last year's service.



CHRISTIANS GATHERING
TOGETHER

Upcoming Events

JOYFUL NOISE PUPPET PRODUCTIONS

Calling all children and children at heart!

Joyful Noise Puppet Productions is coming to Saint Paul's United Methodist Church this fall. We are planning Friday evening entertainment once a month. Come and enjoy a few familiar (or not so familiar) stories told by our spectacular puppets. This is the perfect time to bring your grandchildren, neighborhood children or anyone who loves a good laugh. The production is free.

Soon, we will prepare flyers that you can post or hand out.

There have been a number of people working behind the scenes to ready the puppets, the theater, and the storage and performance rooms.

Now all we need is an enthusiastic audience!

Show dates:

Friday, October 23, 6:30 pm

Friday, November 20, 6:30 pm

Friday, December 18, 6:30 pm



Kathy Brooks and friends



Sunday, November 29th, 3:00 pm

Mark your calendars for November 29 @ 3:00 pm at Saint Paul's as we host The Floras for our holiday concert for the community! A great way to 'kick-off' the holidays. Mark & Lisa Flora have been singing together since 1989. The singing duo features plenty of harmonies while Mark plays a Gretsch guitar and Lisa performs on an upright string bass. They are also in a popular 50s rock 'n' roll band called The Holy Rocka Rollaz and have traveled coast to coast performing in theaters, state fairs and private events. They created The Floras to accommodate the budgets for the many senior living, assisted living and memory care communities. We are fortunate to host them and the concert will be followed by coffee and cookies in the Fellowship Hall. **Invite EVERYONE!** If nothing else, come for the Christmas cookies and fellowship! You don't want to miss it!



SPREADING THE WORD

Mission Accomplished

Neighbors, Inc.

As children head back to school, the following items are the most requested items families request from the food shelf:

- **Peanut butter**
- **Jelly**
- **Chicken noodle soup**
- **Canned chili**
- **Pasta and pasta sauce**
- **Pancake mix and syrup**

Emma Norton

Emma Norton is seeking donations of:

- **New and like-new winter coats in both men and women's styles in all adult sizes**
- **Kids snowpants**
- **Kids and adult sizes of warm socks, gloves/ mittens, and snow boots**

Please bring your donations to Restoring Waters, 2265 Hillcrest Ave, St Paul 55116, no later than October 16th, so that we have time to sort them by size before the giveaways!

To coordinate a donation drop-off time, please contact their Advancement Associate Victoria at vvirasy@emmanorton.org.



Jennifer Grimm and Dan Chouinard

September 10, 2026

Thank you to all who came and brought friends and family and was part of an enjoyable evening with Jennifer Grimm and Dan Chouinard. What an exhilarating concert! Jennifer and Dan sang popular songs from the 60's/70's/80's, engaging with the crowd and everyone left feeling happy, revived, and pumped up! Fantastic comments all around.

Thanks also to **Andrea Larson** and **Rhea Nyquist** from the Member Enrichment team who provided treats after the concert for those who wanted to stay and chat. Swedish brownies were a hit! Free will donations received (\$282) will be split between Neighbors, Inc. Food Shelf and Garlough Elementary.



SPREADING THE WORD

Mission Accomplished

Thank You!

In July, Neighbors, Inc. distributed almost 94,000 pounds of food as more families continue to shop the food shelf to help stretch budgets. Consider picking up an item or two on your next shopping trip to help fill up the box in the Fellowship Hall. It is a meaningful reminder that behind our donations is a neighbor whose life is positively impacted because our congregation chose to help!

Thank you!

What a great response to the request for school supply donations for Garlough Elementary.

Students each pay \$30 for supplies instead of purchasing their own.

At the end of August, a check for over **\$640** was delivered to Garlough Elementary Magnet School which covered school supply costs for 21 students!

Thank you!

Thank you to **Tim and Andrea Larson** for providing the apples to accompany the pizza for Garlough Elementary Parents In Education night. Saint Paul volunteers **Linda Leicht, Barb Jorgenson and Nancy Pierson** helped serve over 250 students and their families.

We are well-known as Saint Paul's 'church ladies' and always receive a nice welcome and thank you from Garlough's staff.

Numbers to Know!

In just the first part of the 2026-2027 fiscal year, Neighbors, Inc.'s Hunger Relief staff and volunteers have distributed more than

191,452 pounds of food
to over
16,063 families and individuals



GET READY,
GRAB YOUR MORAL COMPASS,
ON YOUR MARK AND GO

Pathfinders

PATHFINDERS

At our September Pathfinders we were blessed to have Cynthia Jackson be our presenter. We were each asked to bring our favorite cups, journal about their meaning in our lives and share it with others, Cindy guided us through the process which was revealing and fun for us all. For our next meeting, which will be October 15th, we are asked to bring our favorite prayer and why it has special meaning to us. Pathfinders meets the third Thursday of each month at 1:00 pm. All are welcome. It is a great opportunity to catch up with what other committees are doing at church and to enrich our personal spiritual life.

ALTHEA BELTON



An American serving in America

The Pathfinders voted to focus our October prayers on Althea Belton. She is a Church and Community Worker for the general Board of Global Ministries serving with the Gulfside Assembly in Waveland, Mississippi. Althea is the coordinator of local missional engagement. Her activities are family centered and include, but are not limited to, partnerships with non-profit organizations, faith-based communities, and other agencies to bring hope and healing through education, spiritual growth, recreation, and cultural opportunities to underserved populations. Targeted program areas include advocacy, leadership development and racial healing.

Althea grew up in South Carolina where she served in the Methodist Church. She is a graduate of Lenoir Rhyne University where she earned her Masters and Columbia College for her Bachelors. She is married to Alvin Belton, a US Marine Corp veteran. They are the proud parents of two daughters, four grandchildren and the legal guardians of two nephews.

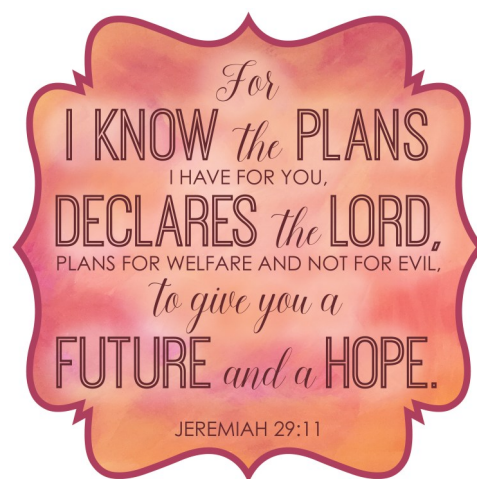
Althea's shared testimony highlights God's transformative, restorative and redeeming power of unconditional love that provides promise of provision regardless of stations in life – circumstances – situations – or what it may look like.

This promise can be found in Jeremiah 29:11 *"For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope."*

Thanks, thanks, thanks!

Coffee after church in the Fellowship Hall gives us all a chance to catch up with our friends. We thank all the good folks who step up and serve when they are able. It is easy to do so, simply sign the yellow sheet by the coffee maker or sign up on the Sign-Up Genii which comes with the mid-week email.

Rhea Nyquist





SUPPORT OF THE CHURCH AND ITS MISSION

Finance

NURTURING OUR HARVEST

Giving and Stewardship

As the crisp October air sets in and the leaves begin to change, we are reminded of the beautiful rhythm of God's seasons. October brings us closer to the end of the year, a time when we naturally begin to look back with gratitude for all that God has done in our midst and look forward to what lies ahead.

As we review our ministry and operational goals for the year, we want to share an important update with you. Currently, our financial giving is running a bit short of our

actual expenses. Our ministries, community outreach, and daily operations rely entirely on the collective generosity of the members of Saint Paul's UMC. We invite you to prayerfully consider how you might help us close this gap as we enter the final months of 2026, ensuring we finish the year on a strong and stable foundation.

Looking ahead, November also marks the launch of our upcoming annual Stewardship Campaign. This year, our focus moves away from just meeting budgets and shifts toward a deeper spiritual truth: what the Scriptures teach us about sharing our gifts. Soon you will hear more about how you can share what specific scripture speaks to your heart about the sharing of your gifts.

Throughout the campaign, we will explore biblical principles of generosity. The Bible reminds us that everything we have is a gift from God, and we are called to be faithful managers of those resources. True stewardship isn't just about financial contributions—it is about offering our time, our unique talents, and our treasures back to God with a cheerful and grateful heart.

Thank you for your continued faith, dedication, and love for our church community and the greater community we all live in. Together, we can continue to do God's work.

Blessings,
Kae Lovaas Jewell
Finance Chair

	<u>August 2026</u>	<u>2026 Year-to-Date</u>
General Fund Gifts	\$ 12,862	\$ 149,065
Less General Fund Expenses	<u>\$ 20,785</u>	<u>\$ 153,879</u>
Balance	\$ (7,923)	\$ (4,814)
Less Unpaid Apportionments	<u>\$ 2,066</u>	<u>\$ 4,132</u>
Balance After Unpaid Apportionments.	\$ (9,989)	\$ (8,946)

Coffee With a Cause

For the last quarter of the year, our 'joe' dollars will go to Emma Norton's Corner Store. The 'corner store' is a free or deeply discounted store for residents where they can acquire items using "Emma Bucks" earned through community involvement rather than cash. Many of Emma's residents shop at the store for gifts for family members for the holidays with their earned 'bucks' so be generous!



GROWING IN FAITH
AND FRIENDSHIP

Small Groups

SMALL GROUPS

Places of connection,
growth, and support

Sunday Adult Education Sundays, 8:45 am

We are once again using the *Wired Word* format, which is a study of a current events from a scriptural standpoint. You'd be surprised how often the problems of today were similar to those faced centuries ago. Biblical truths have a way of solving some pretty knotty issues.

We are pulling a bit of switcheroo this year in hopes of getting a bigger response from you all. Pastor Josh will announce the *Wired Word* subject matter on Sunday morning and the this information will be repeated in the weekly email to the congregation. Then the study will be done on the Sunday following his announcement. This will give both the study leaders and those attending time to be mulling over the matters being discussed. The slightly earlier hour will allow those that need to practice for choir or bells a chance to get in on the discussion as well. Coffee will be provided, so sleepy heads should have no excuse to nod off in class.

The Stitching Collective

Dust off your unfinished craft and head over to Saint Paul's. You will have plenty of friends to encourage your progress and admire your work. Quilting, embroidery, painting, beading, coloring or any other creative endeavor is welcome! If you haven't got a project, you are welcome to join us for the fellowship and inspiration.

We meet the second and fourth Wednesdays, from 9:30-noon in the Fellowship Hall. There is no charge to attend, but we won't take the blame for the fortune you spend at the arts and crafts shop.

Fall meeting dates:

Wednesday, Oct. 14, 9:30 am

Wednesday, Oct. 28, 9:30 am

Wednesday, Nov. 11, 9:30 am

Wednesday, Dec. 9, 9:30 am

(We will not meet on dates close to Thanksgiving and Christmas).

Handbell and Chancel Choirs

Choir rehearsals are held every Wednesday night – Handbell Choir at 6:00 pm and Chancel Choir at 7:00 pm. **There will be no rehearsals on Wednesday, October 7th, however.** If you enjoy music and want to be part of something that brings beauty and encouragement to our worship services, contact Lane Skoglund-Anderson for more information.

SOCIAL
PRINCIPLES
— of The —
UNITED
METHODIST
CHURCH
2025–2028

INCLUDES *Our Social Creed*

A Study of the Revised Social Principles of The United Methodist Church

On Tuesdays, October 13th and October 20th, at 3:00 pm, Pastor Josh will continue leading a study of the *Social Principles of the UMC*—a call to faithfulness and social engagement that is Bible-based and prophetic. Cost of the book is \$10. Contact Pastor Josh for a copy. All are welcome.



TALK WITH GOD

Lord Hear Our Prayers

PRAYER CONCERNS

Prayer Concerns

Deaths:

Pratibha Gupta, friend of Helen and Iype Kuruvilla, September 10

Health Concerns:

All homebound with health problems

Additional:

We pray for true peace in the Middle East: That local populations have self-determination. Where civilians and the vulnerable are protected. We grieve the lives already lost and the many yet caught in violence. We pray for a day when war is no more, when resources for unlimited war go instead to caring for those in need.

Missionary Alejandro Alfaro-Santiz, serving the Argentine Evangelical Methodist Church

Healing for complicated and fractured family relationships

For the lonely

For an end to violence and racism in our communities

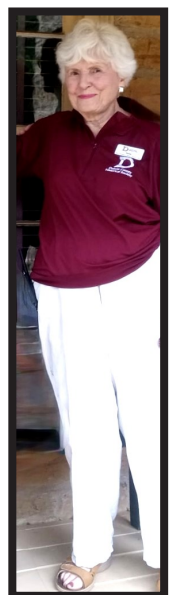
Please contact the church office, 651-452-5683, with your prayers and concerns



Sibley House Tour September 17, 2026

L to R: Nancy Pierson,
Kae Jewell, Rich and
Kathy Brooks, Linda
Leicht, Helen Kuruvilla

Saint Paul's UMC
member and tour
guide, Rhea Nyquist





MEMBERS AND FRIENDS

About Us

SUNDAY SCHEDULE

Adult Education: 8:45 am
(starting Sept. 13th)

Worship: 10:00 am

Communion: 1st Sunday of the month

LIVESTREAM VIDEO

WORSHIP

Available on Facebook
(www.facebook.com/stpaulsmn),
YouTube (St. Paul's UMC Mendota Heights) and the church's website,
www.stpaulsmn.org

CENTRAL LEADERSHIP

CHAIR: Deb Curran

SAINT PAUL'S STAFF:

Rev. Dr. Joshua Steward
Office Hours: 9:30 am—12:30 pm
Monday, Tuesday, Wednesday and
by appointment
ministerjosh@gmail.com

Director of Music Ministry:

Lane Skoglund-Anderson,
laneskoglund@icloud.com

Administrative Assistant:

Diane Pelinka, info@stpaulsmn.org

SAINT PAUL'S UNITED METHODIST CHURCH

700 Wesley Lane
Mendota Heights MN 55118
651-452-5683



Thank You Volunteers!

- **Steve Nyhus**, for replacing a key holder, and helping move furniture for Communion Sunday.
- **Dave Morgan**, for fixing the women's bathroom toilet paper holders.
- **Curt Almberg**, for faithfully manning the sound board and live streaming equipment every Sunday and at the recent concert.
- **David Rix**, for blowing all the leaves off the parking lot and mowing, along with **Randy Garcia**.

Darrell Butterwick's Funeral Service

- **Steve Nyhus**, for setting up and taking down chairs for the luncheon.
- **Carol Rix, Rhea Nyquist, Andrea Larson and Barb Jorgenson**, for providing bars and/or working in the kitchen.
- **Curt Almberg**, for manning the sound system.
- **Dawn Everling**, for helping with the PowerPoint picture presentation.

We want to express our deepest gratitude for the support you showed us during Chuck's recent illness. Every card, letter, call, visit, and meal was a tangible reminder of God's grace and comfort. Thank you for standing by our side.

Chuck and Dawn Everling



October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 New Member & World Communion Sunday 8:45 am Adult Ed 10:00 am Worship w/Communion 11:00 am Membership Enrichment Mtg. <i>12:00 pm Nueva Esperanza Worship</i>	5	6	7 No Music Rehearsals 6:30—8:00 pm <i>Nueva Esperanza Bible Study, W & G room</i>	8	9	10
11 8:45 am Adult Ed 10:00 am Worship <i>12:00 pm Nueva Esperanza Worship</i>	12	13 3:00 pm Social Principles	14 9:30 am Craft Group 6:00 pm Handbell Rehearsal 7:00 pm Chancel Choir Rehearsal	15 1:00 pm Pathfinders	16 6:00 pm Finance Team Meeting	17
18 8:45 am Adult Ed 10:00 am Worship <i>12:00 pm Nueva Esperanza Worship</i>	19 6:00 pm 4H	20 3:00 pm Social Principles	21 6:00 pm Handbell Rehearsal 7:00 pm Chancel Choir Rehearsal 6:30—8:00 pm <i>Nueva Esperanza Bible Study, W & G room</i>	22	23 6:30 pm Puppet Theatre	24
25 8:45 am Adult Ed 10:00 am Worship <i>12:00 pm Nueva Esperanza Worship</i>	26	27	28 9:30 am Craft Group 6:00 pm Handbell Rehearsal 7:00 pm Chancel Choir Rehearsal	29	30	31

Italicized events are conducted by outside groups renting space at the church.

St. Paul's United Methodist Church

700 Wesley Lane
Mendota Heights MN 55118

Phone: 651-452-5683
Email: info@stpaulsmn.org

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Address Service Requested

Open Hearts, Open Minds, Open Doors
The People of the United Methodist Church®



**Eagan Rotary Veterans Recognition
Program and Luncheon**

Wednesday, November 4, 2026, 12:00—1:15 pm
(arrive around 11:00 am for best food options)
Lost Spur Golf and Event Center
2750 Sibley Memorial Highway, Eagan
Tickets: \$23 for buffet lunch; veterans are free
Make checks payable to: "Eagan Rotary Club"

This years event will honor two veterans with ties to Saint Paul's UMC -
Mike LaGuire, member, and **Cindy Yanchury**, former associate pastor.